

CO OPERATIVE ARTS AND SCIENCE COLLEGE, MADAYI

CRITERION-3

3.4.3 AND 3.4.4

EXTENTION AND OUTREACH PROGRAM CONDUCTED BY THE INSTITUTION THROUGH NSS/NCC



CO-OPERATIVE ARTS AND SCIENCE COLLEGE, MADAYI

(AFFILIATED TO KANNUR UNIVERSITY)

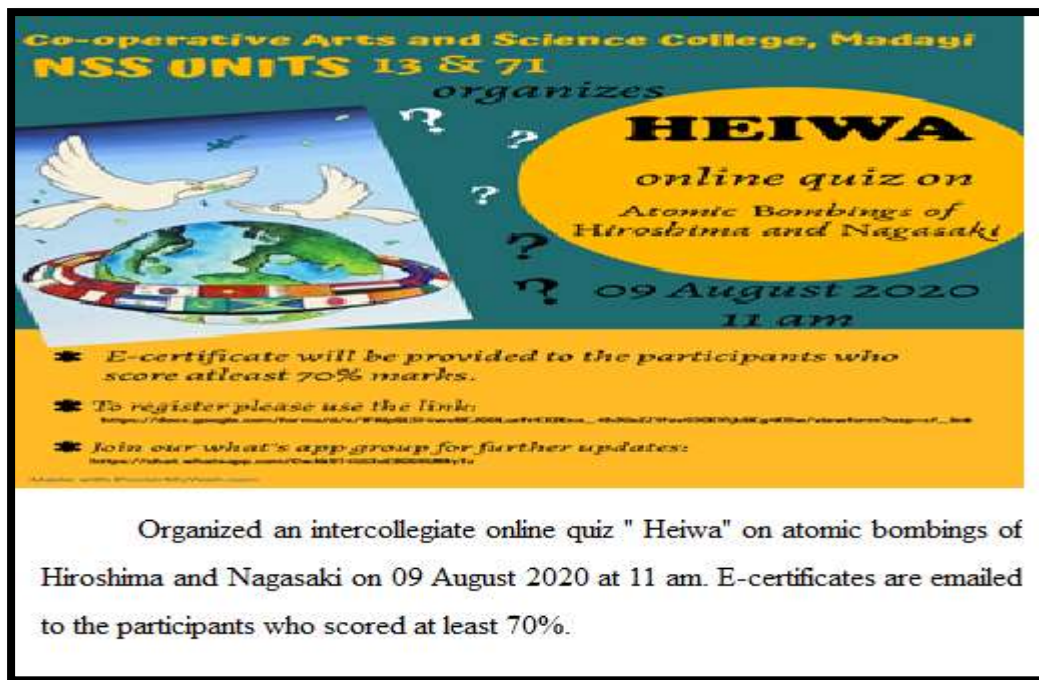
P.O PAYANGADI (R.S)- 670 358, KANNUR DT., KERALA, website : www.cascollege.ac.in



NSS REPORT 2020-21

आनौभद्रः कृतवौयसु विश्वतः





Organized an intercollegiate online quiz " Heiwa" on atomic bombings of Hiroshima and Nagasaki on 09 August 2020 at 11 am. E-certificates are emailed to the participants who scored at least 70%.

Literacy Day 08/09/2020

On the eve of celebrating International Literacy Day , the NSS Units 13 & 71 of Co-operative Arts and Science College, Madayi, organized a webinar on Literacy: “Traditional and Modern Views”. 64 NSS volunteers participated in the webinar. The meeting commenced with the prayer song by Swathi. NSS Co-ordinator Sruthi welcomed the invited guests and other participants. College Principal Dr.N. Padamanabhan delivered the Presidential address. Payyanur college Principal Dr.PremachandranKezhoth delivered a lecture on the above topic. NSS Programme Officers Ramya K P and Dr.Shijina V, NSS Coordinators Rahul Ambadi and Adarsh PM made felicitation addresses. NSS Coordinator Haritha proposed the vote of thanks.



Independence Day 15/08/2020

As the country celebrates its 74th Independence Day, NSS Units 13 & 71, Co-operative Arts and Science College, Madayi, conducted an online meeting on Google Meet. About 70 NSS volunteers participated in the meeting. The meeting commenced with the prayer song by Swathi. NSS Programme Officer Smt.Ramya K.P. welcomed the invited guests and other participants. NSS Programme Officer Dr.Shijina V delivered the presidential address. College Principal Dr. N. Padmanabhan delivered the Independence Day message. IQAC coordinator Dr.G.Premkumar, English Department teacher PC Pushpalatha and former NSS Co-ordinator Kumari Ashwathy addressed the gathering. Swathi, Haritha and Shruti sang patriotic songs. NSS Coordinator Adarsh PM gave the vote of thanks.



International Peace Day 15/09/2020

As part of peace day, Madayi College NSS unit organized a pencil drawing competition named “kuthivara” on the topic “ KoronayilthakarnnaSamadhanam” at the university level on Sep-9.

NSS DAY 24

On Sep-24, as the time promotes the importance of nature , trees were planted on the houses of all volunteers with the help of NSS Madayi College Unit,13 &71. On Sep-21, as the part of NSS Day, an intercollege Webinar was conducted on the topic “Child Sexual Abuse and POCSO Act 2012” with the help of The Rakshin Project.

On Sep-24 , as the part of NSS Day , a Webinar was conducted on the topic GHARHIKA MALINYA SAMSKARANAM / SASTHRIYA REETHIKAL .It was conducted by Dr.TN Jagatheesh Kumar .

On Sep-24 , as part of NSS Day , NSS Madayi College Unit made a video on the memories of NSS camp.





Gandhidarsan

- On Oct-2 ,NSSMadayi College Unit 13&71 conducted an ESSAY writing competition on the topic “GANDHIJIYUM VARTHAMANA KALA INDHYAYUM”.
- On Oct-2 NSS Madayi College Unit conducted a Webinar on the topic “GANDHIYAN CHINDHAKALILE PRAVARTHI PATHATHINTE PRADHANYAM”. It was conducted by Sri.Satheesan KC.



World Students Day 15/10/2020

On Oct-15 , NSS Madayi College Units 13&71 conducted a webinar on the topic “ENTE NSS JEEVITHAM”. It was presented by ShinihPatyam . He was awarded as the best NSS Program Officer of the year 2018-2019.



World Food Day 16/10/2020

On Oct-21 , NSS Madayi College Unit 13&71 conducted a webinar on the topic “GROW YOUR OWN VEGETABLES-NOURISH AND SUSTAIN”. It was presented by Dr. Sangeetha kutty M (Assistant professor Department of vegetable Science, College of Horticulture, Kerala Agricultural University).



‘Haritham’

In this pandemic course, NSS volunteers initiated organic vegetable farming in their own houses and is still on going



Children’s Day 14/11/2020

NSS Madayi College conducted a webinar on Children’s Day , “THARATHILAKKAM” with the presence of Anagha, Arshad, Priyanka Rajan , who were awarded as best NSS volunteers of Kannur University in the year 2018-2019. They shared their experience with volunteers.

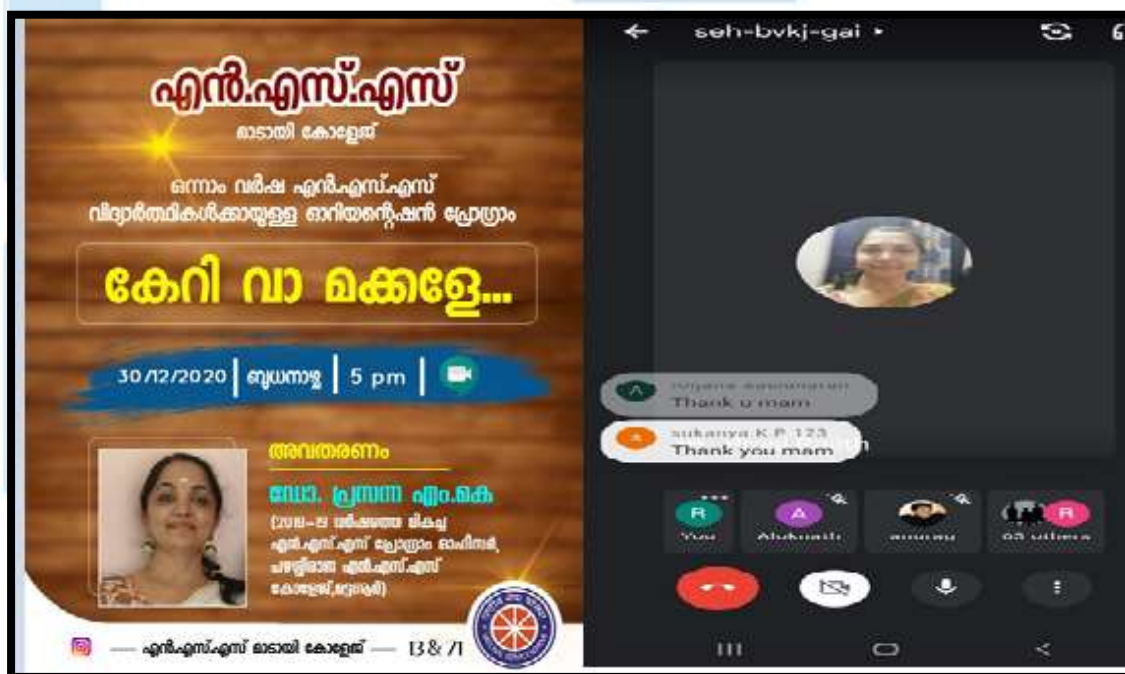


Blood donation awareness class(17/11/2020)



Orientation Programme 30/12/2020

Organized an orientation class 'Kerry Va Makkale' for first year NSS students. Best NSS Program Officer during the year 2018-19 and teacher at MattannurPazhashiraja NSS College, Dr. Prasanna MK handled the orientation class.



Youth Week Celebration 18/01/2021

Selected as HOD of Sir Syed College, Research Guide in Hindi and Best NSS Program Officer for the year 2019-20. Mohanan. V. T. V. 18/1/2021 (Monday) At 3 pm, as part of the youth week celebration, took an online class on "KARUTH" - The Necessity of Strong Youth ".



Internet Safety Day 07/02/2021

Priyesh K, Senior Civil Police Officer, Kannur Regional Forensic Lab. 7/2/21 (Sunday) at 7:30 pm, a webinar was held on the topic of "cyber crime, crime against women and children" in connection with Internet Safety Day.



Campus cleaning 12/02/2021

The NSS Volunteers Campus was cleaned as part of the college clean-up. The event was notable for the participation of the members.



Prakithiyilude Manushyanilekku 27/02/2021

We had the opportunity to commemorate the late literary geniuses. In addition, the event titled 'Through Nature through Humanity' was jointly organized by the Rotary Club of Pazhayangadi and the Rotary Club of the College on 27-2-21 to create awareness and understanding of the relationship between nature and man. Deputy Trainer Mohandas Menon inaugurated the function. Mr. Babu Mandur's lecture was in memory of Smt. Sugatha kumari Teacher who loved soil and practiced immensely. Mr. Babu Mandoor presented the experience of traveling through the dreams of Sugatha kumari Teacher. The teacher's poems were sung melodiously and amazed the audience.





Hair Donation

In collaboration with RIBK Kasargod District Committee, Hair Donation Camp was organized on 01/03/2021 for making wigs for cancer patients. About 10 people donated their hair at the event



Women's day March 8

Blood donors directory of NSS volunteers had prepared . People who in need of blood have been given the help they need through this. During the year more than 28 students from CAS college of Madayi had donated blood in this project



Election duty (6-4-2020)

NSS volunteers of first and second years from CAS COLLEGE MADAYI had actively done their services in each polling booth held as a part of Kerala Legislative Assembly Election.



Covid vaccination registration duty

April 8 NSS Volunteers of first and second years from CAS COLLEGE MADAYI actively engaged and exhibited a excellent performance on the duties conducted in the auditorium of Payyannur Boys Higher Secondary School board from April 8 in the course of online registration of Covid Vaccine



SWACHH BHARAT

On the topic of SWACHH BHARAT, Sir Razak Cheruvanassery accompanied a webinar on collaboration with Ministry of Rural Education in Government of India for NSS volunteers of college Madayi. Sir briefed an inspirational class about the importance of campus hygiene and also incorporated the topics ‘ SWACHHITHA IDEAS’, SWACHH PROGRAMME LEADERSHIP, SWACHH PROGRAMME MONITORING,STUDENT AFFAIRS,HEAD OF NON TEACHING STAFF,NSS COORDINATOR OR A DESIGNATED OFFICER, PROGRAMME PARTNERS SWACHH POLICY DOCUMENTS WITH FOLLOWING COMPONENTS. Principle of CAS COLLEGE MADAYI DR.G.Premkumar sir addressed the meeting and NSS programme officers Mrs Ramya and Mrs Shijina also shared with their suggestions. Volunteers participated in the webinar with clarifying doubts on the particular topics as well.



COVID Activities

May 11 First year NSS volunteer, Athul Kannan cleansed Pariyaram Ayurveda College COVID care centre as a part of COVID preventive services. MAY 16 First year NSS volunteer, Athul Kannan cleared out the sea turbulent areas in Puthiyangadi.







COVID-19 Awariness and Break the Chain Campaign

An awareness **video presentation** made by **SGT Drishya Dinesh** has been noticed. In this video she stresses the things that do and don't do during the Pandemic period. Another video made by the cadets to support the '**Break the chain Campaign**' which started by the Govt of Kerala to prevent the spread of **COVID-19**. In this video cadets demonstrated the importance of Handwashing.



Mask making and distribution

Our cadets have been indulged in the process of mask making during Lockdown period. Total 750 masks were stiched by the cadets in their own house. And few masks were distributed the locality of each cadets and needy people. Later few masks were handed over to the Ezhome Grama Panchayath President Smt. Vimala, for Ezhome Panchayath COVID treatment centre on Independence Day.



Lockdown Activity- Craft work

Cadets have engaged in various creative craft work and art work activities during Lockdown. **Wall painting, Bottle art, Paper craft** etc were done by the cadets. Through this many hidden talents of the cadets were unveiled.



Lockdown Activity- Quiz Competition

Quiz competitions were conducted on a daily basis during the Lockdown period. **WhatsApp** and **Google Forms** were used as platforms for the same.

Communication Skill Development Programme

The unit also organised the Communication Skill Development Programme on a daily basis. **WhatsApp** was the platform used for this. **Commanding Officer Col. Y Vijayakumar** and **ANO** of the unit **Lt. Deepa Mohan** provided guidance to the cadets. Each day a particular topic is given to the cadets, who present it the next day. The aim of this program was to improve the communication skills of the cadets and make them prepare for facing interviews and build self-confidence.

Earth day

Unit has observed Earth Day on **22 April 2020**. This day remind us how fragile our planet is and how to protect it. Theme of this year was '**climate action**'. NCC cadets planted saplings on the premises of their houses during the occasion.



Mariya Bhavan visit

Unit visited Mariya Bhavan Old Age Home in Sreestha, Pariyaram and donated vegetables and food grains. It was a motivation for the whole cadets.



Environment day

The unit observed the **Environment Day** on 05/06/2020. Cadets planted saplings at the premises of their homes. They have also created a video on the awareness of tree plantation and uploaded it on the YouTube channel of the NCC Madayi College unit. A poster-making competition was also held. They also compiled a video on the importance of cleanliness before monsoon season.



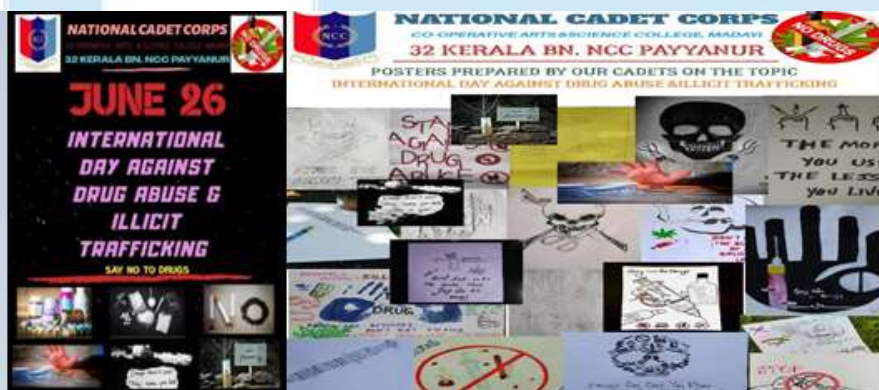
International yoga day

Madayi college NCC unit organised International Yoga day on 21/06/2020. Cadets take part in this event with their families in their houses. The unit also organised a webinar on the topic of '**Yoga: Theory and Practice**' ANO Lt. Deepa Mohan, College Principal Dr. N Padmanabhan, IQAC coordinator Dr.G Premkumar, CDT. Amrutha etc were spoken **Mr. T V Santhosh Kumar, Yoga trainer, Art of Living Yoga CenterCherukunnu**, handled the Yoga session.



International Day against drug abuse and illicit trafficking

Madayi college NCC unit observed **International Day against drug abuse and illicit trafficking** on 26th June 2020. Cadets made posters and photographs on the topic of drug abuse. A video against drug 'Say No to Drugs' has been compiled by cadets.



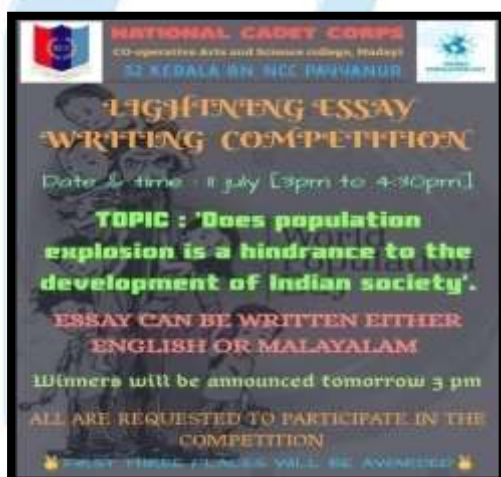
National Doctors day

NCC Madayi College unit observed **National Doctors day** on 1/7/2020 for expressing our gratitude to doctors and other health workers who rendered selfless services during the pandemic period. The program is inaugurated by **Dr. Gokul Raj, Government Thaluk Hospital, Payyanur**, through Google Meet. It was followed by an online quiz competition. A poster making competition was also held. Cadets made posters on the topic of doctor's day. They have also compiled a video for expressing thanks to doctors.



World population day

Madayi College NCC unit observed **world population day 2020**. The unit organised an essay writing competition on the topic of '**Is population explosion is a hindrance to the development of Indian society**'. An online quiz competition also organised on the topic of World population day. 70 cadets participated in the event.



Kargil vijaydiwas

Madayi college NCC unit observed **Kargil Vijay diwas** with various programs. Webinar on Kargil war was inaugurated by college principal Dr. N Padmanabhan. **Rtd CRPF Havildar Sunil Kumar** was the chief guest. Poetry competition, Cartoon drawing competition, pencil drawing competition etc were conducted.



Tree plantation pakhwada

NCC Madayi College unit also becomes part of tree plantation pakhwada by planting saplings by our cadets on **14/07/2020**. Cadets planted saplings at the premises of their houses and neighboring areas. A total number of 70 cadets participated. Among these 22 SD and 48 SW.



International Tiger Day

A quiz competition was conducted on 29 July 2020 on International Tiger Day.



Tribute to APJ Abdul Kalam

NCC cadets of CAS College, Madayi organised a tribute to our former President Dr. APJ Abdul Kalam. Cadets lighted candles in front of the photos of Dr. APJ Abdul Kalam. They compiled a video as a tribute to him.



Hiroshima day

Co-operative Arts and science college, Madayi NCC unit organised **Hiroshima day** observation on 06/08/2020. Various programs like lighting lamps in memory of the lakhs of people who lost their lives in the atomic blast during the Second World War, poster-making competitions, pencil drawing competitions, cartoon drawing, online quiz competitions, etc were conducted.



Quit india day

NCC Madayi College unit observed the **78th anniversary of the Quit India Movement** on 09/08/2920. As part of these various programs. Cadets compiled a video on the quit India movement. The speech competition was conducted on the topic of " **The role of the idea of Gandhian slogan do or die in the history of Independence**". Quiz competition was based on the history of the Independence struggle and other students from college also participated in it.



Nagasaki day

Madayi College NCC unit observed Nagasaki Day on 09/08/2020. Conducted **caption writing** competition for college students and essay writing competition for NCC cadets. The essay writing competition was on the topic of "**war= destruction: No More Hiroshima and Nagasaki**".



Aatma Nirbhar Bharat Awareness Campaign

As per the direction given by DGNCC, the NCC unit of CAS College, Madayi also has become part of the Aatma Nirbhar Bharat Awareness Campaign from 01/08/2020. Various activities were overseen as follows.

Online Pledge taking - 70 cadets and ANO from the institution has taken the pledge '**Be Vocal about Local**' through a unified online pledge platform of myGov. Through this, they committed to promote and support the products which are 'made in India'. The e- certificate which attained

after taking the pledge was posted on social media platforms and encouraged their friends and family for taking the pledge.

Video presentation - an awareness video on the significance of making India a self-reliant nation and the promotion of locally manufactured commodities.

Status rally - poster and video prepared on Aatma Nirbhar Bharat were arranged as Whatsapp status rally to promote the idea and to gain wide popularity among the local people.

The Crafter Online fest - A self-reliant nation can be possible through a self-reliant youth. As part of making them self reliant an online craft fest was organised. Cadets made useful objects from waste materials. The entries are uploaded on various social media platforms. It's available in the following links

Face book : <https://www.facebook.com/NCC-Madai-College-217528916319037/>

Instagram : <https://instagram.com/nccmadayicollege?igshid=138zpqrm55zxa>

Twitter : <https://twitter.com/NCCmadayiclg?s=09>

Webinar - A webinar on 'Self-reliant India: post-COVID necessities' was conducted in association with college IQAC. **Prof. V Vijayakumar, Assistant Professor of Commerce, NAS College, Kanhangad** delivered a lecture on the topic. He explained theoretical background of the concept of Aatma nirbhar Bharat and it's relevance in the present scenario. College Principal Dr. N Padamabhan inaugurated and IQAC coordinator Dr. G Premkumar presided over the webinar.



Awareness Activities on Constitution Duties Awareness Programme

As part of the suggestions given by Department of Justice and letter by DGNCC our unit also take part in Awareness Activities on Constitution Duties Awareness Programme. Cadets and ANO has

read the Preamble of Indian Constitution and Pledge to ‘Fight against Corona’. A quiz competition on Constitution of India has also conducted.



Independence day

Independence Day **flag hoisted** by college Principal **Dr. N Padmanabhan**. Speech and patriotic competition on Battalion level conducted. Acadets from various colleges participated. A dance video on a patriotic song was also compiled by SW cadets.



Teachers day

Teacher’s day was observed by the unit by making a video which express gratitude to all teachers and send it to all the teachers in College. A poster making competition also conducted.



Ozone day

World Ozone Day was observed on 16/09/2020 by conducting an essay competition on the topic of “**Ozone before and Afetr COVID-19**”. A video on the importance of protecting Ozone layer was also prepared by the cadets.



International Day of Peace

International Day of Peace was observed on **21 September 2020**. A digital poster making competition was conducted on the topic of “**Shaping Peace Together: Against Covid-19 Pandemic**”. Students from various departments participated in it.



Fit India Freedom movement and Fit India Freedom run

Our unit also takes part in **Fit India Freedom Movement** which was launched by Prime Minister Sri Narendra Modi. The main aim of the movement was to encourage the cadets to remain healthy and fit by practicing physical activities and sports in their daily life. Our unit-level activities on Fit India Freedom Movement were conducted from 15 August 2020 to 14 September 2020. Cadets

take part in various activities including yoga, e-poster, e-slogan, aerobics, exercises, stretching, traditional games, cleaning, jogging, cycling, skipping, dancing, Kalari practice, blog writing etc. fit India Movement is conducting **Fit India Freedom Run** from 15 August to 2nd October 2020 to encourage fitness and help us all to get free from obesity, Laziness, stress, anxiety, diseases etc. the concept behind run is that “it can be run anywhere, anytime.”



Gandhi Jayanthi

Unit Observed Gandhi Jayanthi on 2nd October 2, 2020, with various activities. A webinar was organised on the topic of “**Relevance of Gandhian Principles in Nation Building**”. The webinar was inaugurated by the Head of the Department of English Prof. E S Latha and the speech was given by **Dr. V P Sajaneesh**, Assistant Professor in History, NSS College, Pandalam. Unit ANO Lt Deepa Mohan preceded the webinar. A poem writing competition on the topic of “**Gandhian**” and an **online Quiz competition** for the students under Kannur University were also organised. Cadets compiled a **video presentation** as a tribute to Mahatma Gandhi.



Ncc Talent Hunt Competition

NCC Cadets of CAS College, Madayi had participated in talent hunt competition at Battalion level and bagged various prizes.

Global Hand wash Day

NCC unit has observed Global Hand Wash Day on 15th October 2020 to spread the awareness on the importance of hand wash among the public, which is important in present condition of spread of Corona Virus.



Admission Help Desk

NCC cadets of CAS College, Madayi assisted the college admission for first-year students as a Help desk. Cadets assisted in maintaining the present COVID protocol and maintain social distancing.



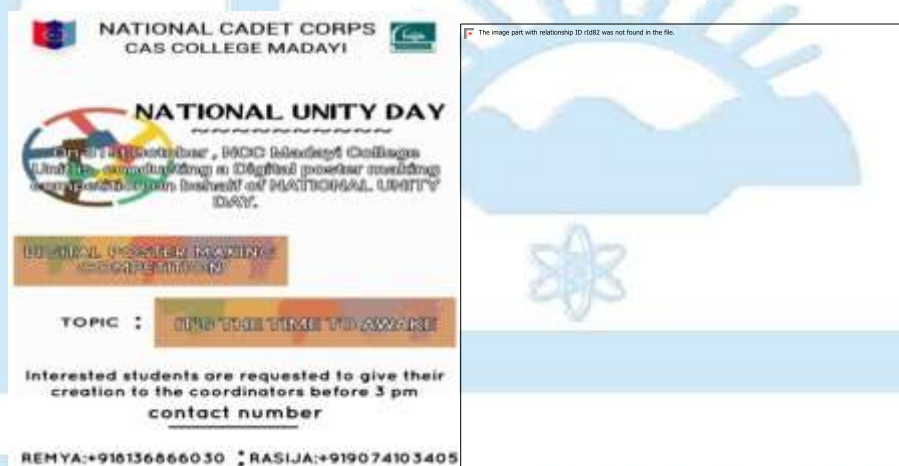
United Nations Day

Unit observed United Nations Day by conducting online quizzcompetition at College level on 24 October 2020, mainly to create awareness among students about the role and functions of United Nations Organisation. Students from various departments has participated.



Unity Day

National unity day was observed on 31 October 2020, the birth Anniversary of Sardar Vallabhai Patel. A potter making competetion was organised. Students from various colleges has participated.



Webinar on New Educational Policy 2020

A Webinar on newly introduced New Education Policy has been conducted on 1 November 2020. College principal Dr N Padmanabhan presided over the function. Talk on New Education Policy was given by Sri Pramod Vellachal, Associate Professor in English, M G College, Iritty and Member, Syndicate, Kannur University.



Diabetes day

NCC Madayi College unit in association with Lions Club of Nileshwar North has observed World Diabetes Day on 14/11/2020. A Diabetes Awareness Class was conducted on the same day. The Welcome address was delivered by Lt Deepa Mohan Associate NCC Officer, CAS College, Madayi. President, Lions Club of Nileshwar North, Ln Nandakumar Koroth has presided over the function. Ln Dr P Anand (Medical Practitioner) has inaugurated the session. Diabetes Awareness Class on thr topic “Diabetes in children: causes and precautions” was lead by Ln C Satheesan (District Chairperson, Lions District 318E). Felicitation was delivered by Ln E Radhakrishnan Nambiar (Joint Cabinet Secretary, Lions District 318 E), Ln Gopinathan Muthirakkal (District Chairperson, Lions District 318E), Ln Padmanabhan Mangulam (Secretary, Lions Club of Nileshwar North), Vote of thanks was proposed by Under Officer Navitha (NCC, CAS College, Madai)



Childrens Day

Madayi College NCC unit observed children’s day on 14/11/2020 by conducting online memeory sharing competition “My Childhood Memories”. The competition was open to all students of Madayi College.



NCC DAY

NCC Unit, CAS College, Madayi had organised NCC Day celebrations as below

Blood Donation Camp

The unit organised Blood Donation Camp on 21/11/2020 at Payyannur Co-operative Hospital Blood Bank in association with Blood Donors Kerala, Payyanur Taluk. ANO Lt. Deepa Mohan and 15 Cadets donated Blood.



Tree Plantation

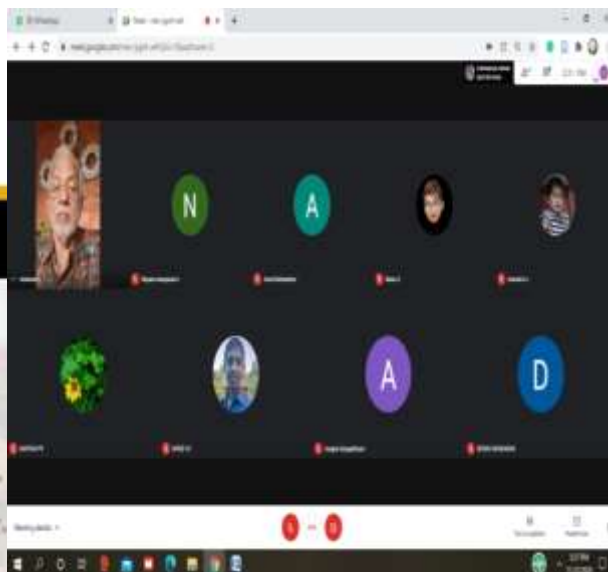
In connection with ‘Heart for Earth’ International Association’s Greenathone "Any Plant Any Where" campaign NCC Unit also take part. Cadets had planted 130 Saplings include Banyan tree. Cadets had secured international level certificate also.



NCC Day Webinar

NCC Day Webinar was organised by the unit on 22/11/2020. Rear Admiral K Mohanan AVSM (Rtd) was the Chief Guest of the Webinar. He shared his experiences in NCC during his School

and College Days, how NCC helped him to join in Navy, and also his experiences in the Navy. the session was very informative and motivational to the cadets.



Logo Making Competition

A Logo making Competition was also held for the newly inaugurating 'SSB Club'. The competition was open to all.



National Pollution Day

NCC unit observed National Pollution Day on 02/12/2020. Cadets have cleaned the college premises with the motto of 'Waste-free campus'. Cadets have collected garbage from college premises and handed it over to the people who collect waste.



SwatchthaPakhwada

The unit has observed SwatchthaPakhwada from 5 Dec to 15 Dec 2020. The unit has organised various programs including plogging run (jogging with picking up), hand washing, cleaning the premises of the houses the public places, Talk on: what can I do to clean .



Legal awareness class

The unit organized a legal awareness class on Right to Information Act and Prevention of Domestic violence act in collaboration with P G Department of History, E- Legal Aid Clinic and Awareness cell and Department of Legal Studies, Kannur University Campus, Palayad. The classes were handled by Adv: Jyothi P M and Dr. Kavitha Balakrishnan.

MADAYI COLLEGE NCC UNIT & E-LEGAL AID CLINIC AND AWARENESS CELL
PG DEPARTMENT OF HISTORY
Kannur University Campus Palyat

LEGAL AWARENESS CLASS

INAUGURATION



Dr. Kiran Basistha
HOD
Dept of Law Studies
Kannur University Campus
Palyat



at 6 pm on Saturday, 23 January 2021

platform (Google Meet)



नाभद्राः कलवोयन्तु विश्वतः



CO-OPERATIVE ARTS AND SCIENCE COLLEGE, MADAYI