

CO-OPERATIVE ARTS AND SCIENCE COLLEGE MADAYI

DEPARTMENT OF PHYSICAL EDUCATION

ANNUAL REPORT 2021-22

The year 2021-22 was a memorable year which witnessed great performance from the part of the students of our college in various competitions and tournaments. The overall summary of the events and activities of the year is elaborated below.

• COACHING CAMPS ORGANIZED

1. University Level

College has organised 32 days coaching camp for University Tug of War team and 10 days camp for Kho Kho women team for the AIU Championship during 2021-22

2, College Level

SL NO	EVENT
1	Cross Country (Men & Women)
2	Badminton (Men)
3	Football (Men)
4	Kho-Kho (Men&Women)
5	Athletics (Men&Women)
6	Weightlifting (Men&Women)
7	Powerlifting(Men&Women)
8	Tug of War (Men&Women)
9	Taekwondo

• PARTICIPATION IN TOURNAMENTS

During the year 2021-22, the College participated in various tournaments.

1. Inter Collegiate Championships

SL NO	EVENT
1	Cross Country (Men & Women)
2	Badminton (Men)
3	Football (Men)
4	Kho-Kho (Men&Women)
5	Athletics (Men&Women)
6	Weightlifting (Men&Women)
7	Powerlifting(Men&Women)
8	Tug of War (Men&Women)
9	Taekwondo
10	Best Physique

2. District Championship

SL NO	EVENT
1	Kho-Kho (Men&Women)
5	Athletics (Men&Women)
6	Weightlifting (Men&Women)
7	Tug of War (Men& Jr.Women)

• ACHIEVEMENTS

As a result of participation in various events, we have managed various achievements correspondingly. The most notable among them is the winning of the Inter-Collegiate Kho-Kho Championship for the sixth consecutive time and Runner up in the Inter-Collegiate Kho-Kho for the fourth consecutive time.

1. National Level

Sibin Varghese of 111 BBA won Gold Medal in the All India Inter University Tug of War Championship 2021-22

University Team Members/Players Represented University

A total number of 15 students represented University in various events in the Inter-University Tournaments. The list of Students is given below.

SL NO	NAME	CLASS	EVENT
1	ANUSREE C	II MA HISTORY	KHO-KHO, CROSS COUNTRY
2	ANJITHA M V	II BA MALAYLAM	KHO-KHO
3	MIDHUNA K	I BSC MATHS	KHO-KHO
4	SYSHADEVI K	I BCOM	KHO-KHO
5	SWATHI M	III BCOM	KHO-KHO
6	ASWATHI C	I MCOM	KHO-KHO
7	AKSHAY V	III BA HISTORY	KHO-KHO
8	SOURAV V V	II MCOM	KHO-KHO
9	VIMAL DASV	II BA ENGLISH	KHO-KHO
10	PRANAV P	III BBA	KHO-KHO
11	ADHARSH M V	III BCOM	KHO-KHO
12	SIBIN VARGHESE	III BBA	TUG OF WAR
13	VISHNUPRIYA BAIJU	III BSC MATHS	CROSS COUNTRY
14	KANNAN	I BA MALAYALAM	CROSS COUNTRY
15	JAYADIL JAYASENAN	III BBA	TAEKWONDO

2. Achievements in Inter-Collegiate Championships

Team Championship in Inter-collegiate Championships

SL NO	EVENT	POSITION
1	Kho-Kho (Women)	First
2	Weight Lifting (Men)	First
3	Cross Country (Women)	First
4	Kho-Kho (Men)	Second
5	Cross Country (Men)	Third
6	Tug of War (Women)	Fourth

Individual Achievements in Inter-collegiate Championships

Sl No	Name	Class	Event	Position
1	Usamath M P	I MCom	Weight Lifting	first
2	Muhammed shad T P	I BBA	Weight Lifting	first
3	Muhammed minaz	I MCom	Weight Lifting	second
4	Muhammed shareef P P	II BBA	Weight Lifting	second
5	Muhammed Shahzad	I BBA	Weight Lifting	second
6	Muhammed Anshad C	I BA HISTORY	Weight Lifting	second
7	Muhammed shamal	I BA HISTORY	Weight Lifting	Third
8	Aiswarya K M	II BA HISTORY	Weight Lifting	Third
9	Anjana Babu P	II BA HISTORY	Weight Lifting	Third
10	Vishnupriya Baiju :	III BSC MATHS	10000 mtr	second
11	Midhuna K	I BSC MATHS	1500mtr,5000mtr	third
12	Anjitha M V	IIBA MALAYALAM	800mtr	Second
13	Amitha Krishnan k	II BA HISTORY	Tripple Jump	third
14	Jayadil Jayasenan	III BBA	Taekwondo	Forst
15	Anaswar M	III BBA	Taekwondo	Third
16	Arunima Unnikrishnan	III BCOM	Taekwondo	Second
17	Midhuna K, Anjitha M V, AmithakrishnanP & Anjali K V		4x400mtr relay	third

3. Achievements in State Championship

Sl No	Name of Player	Class	Event	Position
1	Muhammed Anshad C	I BA HISTORY	Weight Lifting	first
2	Anjana Babu P	II BA HISTORY	Weight Lifting	second
3	Muhammed Shahzad	I BBA	Weight Lifting	second
5	Nandana M	1 BA History	Tug of War	Third
6	Aiswarya K M	II BA HISTORY	powerlifting	First

- 16 Players of our College have participated in the Kerala State Kho-Kho Championship.
- 8 Players of our College have participated in the Kerala State Tug of War Championship.
- 8 Players of our College have participated in the Kerala State Junior Weightlifting Championship
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4. Achievements in District Championships

Sl No	Event	Position
1	Kho-Kho (Men)	Second 8 players participated in the State championship
2	Kho-Kho (Women)	First 8players participated in the State championship
3	Tug of War Women)	First
4	Tug of War (Men)	Second
5	Athletics (Men & Women)	Midhuna Bhargavan- 800 Mtr-11 3000 mtr- 111
6	Weightlifting (Men & Women)	8 Gold and 4 Silver

TOURNAMENTS ORGANIZED

1. Inter-Collegiate Tournaments

Sl No	Event	Date	Remarks
1	Kho-Kho Men	6 th & 7 th January 2022	Chief guest: Dr. Anoop KV, Asst. Director, DPE, Kannur University
2	Kho-Kho Women	6 th & 7 th January 2022	Chief guest:Sri. Dr. G Premkumar, Principal, Cas College Madayi
3	Weight Lifting Men	20 th January 2022	Chief guest: Sri.M.K.Rajan, Manager, CAS College, MAdayi
4	Tug of War Men	15 th February 2022	Chief guest: R Ramanathan, Joint Secretary, Tug of War Federation of India
5	Tug of War Women	15 th February 2022	Chief guest: Dr. Manoj K P, Director, DPE, Kannur University

2. District Championships

Sl No	Event	Date
1	Tug of War Senior Championship	1 March 2022
2	Kannur Dist Sub Junior Tug of War Championship	24 October 2021

Annual Sports Meet

Annual Sports Meet and Inter Departmental Tournaments were organized in the Month of March 2022 in association with College Union.

CO-OPERATIVE ARTS AND SCIENCE COLLEGE MADAYI
DEPARTMENT OF PHYSICAL EDUCATION
ACHIEVEMENTS AND ACTIVITIES -2020-2021

TOURNAMENTS ORGANISED

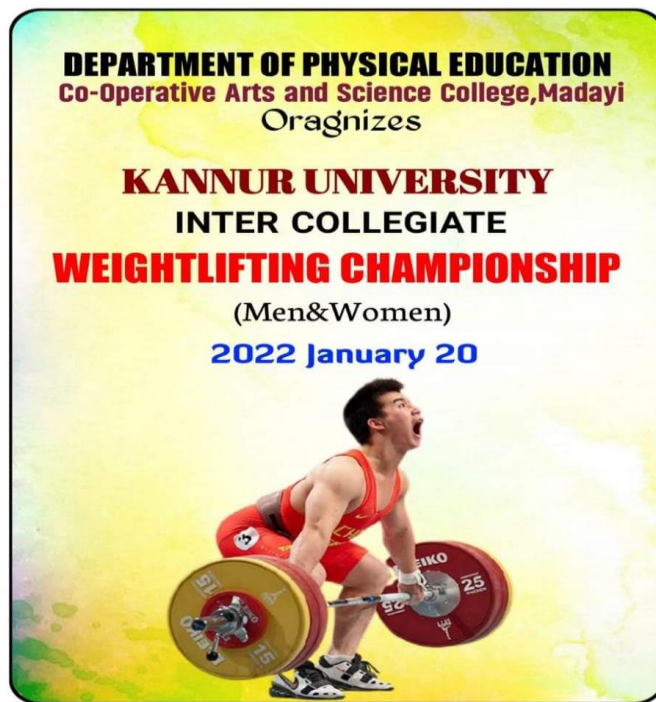
1. KANNUR UNIVERSITY INTER COLLEGIATE KHO KHO CHAMPIONSHIP

On 6&7 January 2022



2. **KANNUR UNIVERSITY INTER COLLEGIATE WEIGHTLIFTING CHAMPIONSHIP**

on 20.01.2022



3. KANNUR UNIVERSITY INTER COLLEGIATE TUG OF WAR CHAMPIONSHIP

on 15.01.2022

കേരള കാമുദി
Kannur 15 Feb 2022



ടഗ് ഓഫ് വാർ ചാമ്പ്യൻഷിപ്പിൽ വനിതാ വിഭാഗത്തിൽ ജേതാക്കളായ പിപ്പിൾസ് കോളേജ് നോട്ട്



ടഗ് ഓഫ് വാർ ചാമ്പ്യൻഷിപ്പിൽ പുരുഷ വിഭാഗത്തിൽ ജേതാക്കളായ കാസർകോട് ഗവ. കോളേജ്

കാസർകോട് ഗവ. കോളേജും, പിപ്പിൾസ് കോളേജും ജേതാക്കൾ

പഴയങ്ങാടി: മാടായി കോളേജിൽ നടന്ന കണ്ണൂർ സർവകലാശാലാ ടഗ് ഓഫ് വാർ ചാമ്പ്യൻഷിപ്പിൽ പുരുഷ വിഭാഗത്തിൽ കാസർകോട് ഗവ. കോളേജും, വനിതാ വിഭാഗത്തിൽ പിപ്പിൾസ് കോളേജും ജേതാക്കളായി. പുരുഷ വിഭാഗത്തിൽ പിപ്പിൾസ് രണ്ടാം സ്ഥാനവും, അങ്ങാടിക്ക് ടഗ് ഡോബി ബോസ് കോളേജ് നോട്ട് നന്നും സ്ഥാനവും കരസ്ഥമാക്കി. വനിതാ വിഭാഗത്തിൽ ഡോബി ബോസ് കോളേജ് അങ്ങാടിക്ക് ടഗ് രണ്ടാം സ്ഥാനവും ബ്രണ്ണൻ കോളേജ് തലശേരി നന്നും സ്ഥാനവും കരസ്ഥമാക്കി.

കെ.രാജൻ ചാമ്പ്യൻഷിപ്പ് ഉദ്ഘാടനം ചെയ്ത. അതിൽ ടഗ് ഓഫ് വാർ കോഡ് ഓഫീസർ ജോയിന്റ് സെക്രട്ടറി ആർ. രാജനാഥൻ മുഖ്യാതിഥിയായിരുന്നു. കണ്ണൂർ സർവകലാശാലാ കായിക വിഭാഗം ഡോറി ഡോ. കെ.പി. മനോജ് സമ്മാന വിതരണം നടത്തി. പ്രിൻസിപ്പൽ ഡോ. ജി പ്രൊകാർ, സിൻഡി കേറ്റ് മൈർ എം.സി. രാജു, സർവകലാശാലാ കായിക വിഭാഗം ഇഷ്ടമോറി ഡോ. കെ.വി അനൂപ് പി. ഓലൂനാഥ്, ഇ.എസ്. ലത, പ്രവിണ് മായു, കോളേജ് ചെയർമാൻ പി.എം. ആദർശ്, ജനറൽ ക്യാപ്പൻ അയ്യപ്പൻ കണ്ണൻ തുടങ്ങിയവർ സംസാരിച്ചു.

KERALA KAUAMUDI PAPER
Clipping Kerala Kaumudi - Kannur



4. KANNUR DISTRICT SUB JUNIOR TUG OF WAR CHAMPIONSHIP



5. KANNUR DISTRICT SENIOR TUG OF WAR CHAMPIONSHIP



ACHIEVEMENTS 2021-2022

1. Kho Kho Women -Champions



2. Kho Kho Men - Runners



3. Weight Lifting Men – Champions



4. Cross Country Women – Champions



5. Cross Country Men -Third



6. Tug of War Women -Fourth



Athletics- Medal Winners



കണ്ണൂർ യൂണിവേഴ്സിറ്റി ഇന്റർ കോളേജിയേറ്റ് അത്ലറ്റിക്സ് മീറ്റിൽ 10,000 മീറ്റർ മൽസരത്തിൽ രണ്ടാം സ്ഥാനം നേടിയ വിഷ്ണുപ്രിയ ബൈജു (111 BSc Maths) 8:25 am

കണ്ണൂർ യൂണിവേഴ്സിറ്റി ഇന്റർ കോളേജിയേറ്റ് അത്ലറ്റിക്സ് മീറ്റിൽ 1500 മീറ്ററിൽ മൂന്നാം സ്ഥാനം നേടിയ



മിമുന

കണ്ണൂർ യൂണിവേഴ്സിറ്റി ഇന്റർ കോളേജിയേറ്റ് അത്ലറ്റിക്സ് മീറ്റിൽ 5000 മീറ്ററിൽ മൂന്നാം സ്ഥാനം നേടിയ



മിമുന

കണ്ണൂർ യൂണിവേഴ്സിറ്റി ഇന്റർ കോളേജിയേറ്റ് അത്ലറ്റിക്സ് മീറ്റിൽ 800 മീറ്ററിൽ രണ്ടാം സ്ഥാനം നേടിയ



അഞ്ജിത

കണ്ണൂർ യൂണിവേഴ്സിറ്റി ഇന്റർ കോളേജിയേറ്റ് അത്ലറ്റിക്സ് മീറ്റിൽ ട്രിപ്പിൾ ജമ്പിൽ മൂന്നാം സ്ഥാനം നേടിയ



അമിത കുഷ്ണൻ

കണ്ണൂർ യൂണിവേഴ്സിറ്റി ഇന്റർ കോളേജിയേറ്റ് അത്ലറ്റിക്സ് മീറ്റിൽ 800 മീറ്ററിൽ രണ്ടാം സ്ഥാനം നേടിയ



അഞ്ജിത

മേധാവികൾ

   **MADAYI COLLEGE UNIT**

കണ്ണൂർ യൂണിവേഴ്സിറ്റി ഇന്റർ കോളേജിയേറ്റ് അത്ലറ്റിക്സ് മീറ്റിൽ പെൺകുട്ടികളുടെ 4x400 മീറ്റർ റിലേയിൽ മൂന്നാം സ്ഥാനം നേടിയ റാടായി കോളേജ് ടീം




Other Photos



Important certificates

Association of Indian Universities
AIU HOUSE, 16 COMRADE INDRAJIT GUPTA MARG (KOTLA MARG), NEW DELHI 110002



CERTIFICATE OF MERIT

AA 19789

This is to certify that.....SIBIN VARGHESE.....
Mother's Name.....JULIA K.K..... Father's Name.....C.V. VARGHEES.....
was a member of the.....KANNUR..... University.....TUG OF WAR OUTDOOR (M)..... Team
which was **Winner** in the All India Inter-University.....TUG OF WAR - 2021-22.....
Tournament held at.....KANNUR UNIVERSITY..... from.....05-05-2022..... to.....08-05-2022.....

Organising Secretary
Date.....08-05-2022.....

Dr. Baljit Singh Sekhon
Joint Secretary (YA & Sports)
Association of Indian Universities
All House, 16, Comrade Gupta Marg,
New Delhi-110002

Secretary General


KERALA STATE POWERLIFTING ASSOCIATION
Affiliated to
POWERLIFTING INDIA
(Formerly Indian Powerlifting Federation)
Recognised by
Kerala State Sports Council

Certificate of Honour

No:108/11363/2021




This is to certify that **AISWARYA K M** representing **Kasaragod** has secured **Third** place in the **84kg - Sub Junior** in the Kerala State Sub Junior & Junior Women's Powerlifting Championship 2021 held at V K Krishna Menon Indore Stadium, Kozhikode from 01-11-2021 to 03-11-2021

Squat[PL]	: 80.0 Kg [3]	Date of Birth : 03-May-2003
Bench Press[PL]	: 30.0 Kg [3]	Body Weight : 76.70 Kg
Deadlift[PL]	: 95.0 Kg [4]	
Total	: 205.0 Kg	

P.S. BABU
President, KSPLA

K. RAJAGOPAL
OBSERVER
Kerala State Sports Council

VENU. G. NAIR
Hony. Secretary, KSPLA


KERALA STATE WEIGHTLIFTING ASSOCIATION
(Affiliated to Indian Weightlifting Federation, Kerala State Sports Council & Kerala Olympic Association)

Certificate of Merit- 2021-'22

Awarded to: SHREE. MUHAMMED ANSHAD
Represented: KANNUR DISTRICT

Competed in: 16th Youth (Sub-Junior) Boys & Girls. ✓
49th Junior Men & 33rd Women
Senior Interclub (Men & Women)

Held at: **NEWMAN COLLEGE INDOOR STADIUM, THODUPUZHA**
On: 12th, 13th & 14th November 2021
and had won FIRST place.

Actual Body Weight:.....96.100kgs..... Competed in.....100.00kg..... Category.
With a performance of Snatch.....67.00 Kgs., Clean & Jerk.....87.00 Kgs and Total.....154.00 Kgs

Registered DATE OF BIRTH with us is: 31st May 2004

K. SREENATH
President

K.L. JOSEPH
Observer, KSSC

BALAKRISHNAN G.
Hon. Secretary

THIS CERTIFICATE OF MERIT / DIPLOMA IS VALID AS PER THE DATE OF BIRTH MENTIONED IN THIS CERTIFICATE

KERALA STATE TUG OF WAR ASSOCIATION
(Reg No ER 621/99)
Affiliated to Tug of War Federation of India & Kerala Olympic Association
Recognised by Kerala State Sports Council
Ambalayam, Kuttikkattukara, Udyogamandal P.O., Pin: 685 501
Email: keralastatetugofwarassociation@gmail.com

**KERALA STATE 22ND JUNIOR TUG OF WAR CHAMPIONSHIP
2021-2022 BOYS, GIRLS & MIXED
BOYS HIGH SCHOOL PAYYANNUR, KANNUR
09.01.2022**

No. KSTWA324/2022

**CERTIFICATE OF MERIT
AWARDED TO**

Name **NANDHANA R**

Date of birth **23-07-2003** Event **GIRLS - 460 KG**

Father's Name **SANTHOSH M**

Position **THIRD**

District **KANNUR**

JOSEPH VAZHACKAN EX M L A
President

PRAVEEN MATHEW
Urg. Secretary

R RAMANATHAN
Hony Secretary

PRAVEEN MATHEW
Dep. O. D.
Asst. Director of Physical Education
C. A. S. C. U. Bldg
P. O. Phys. Edu. Bldg, Fort Kochi 685 001

1/1

POWERLIFTING INDIA
Recognized by : Ministry of Youth Affairs and Sports, Govt. of India
Affiliated to : International Powerlifting Federation & Asian Powerlifting Federation
Registered under Registration of Societies Act, West Bengal

**Certificate
of
Honour**

No:114/12285/2021

This is to certify that **AISWARYA K M** representing
Kerala has secured **Fifth** place in the **76kg - Sub Junior** in the National
Women's Equipped Bench Press Championship 2021 held at Madgaon, Goa from
16-11-2021 to 20-11-2021

Bench Press[PL] : 30.0 Kg [5] **Date of Birth : 03-May-2003**
Body Weight : 75.80 Kg

RAJESH TIWARI
President
Powerlifting India

P J JOSEPH (Arjuna)
Secretary General
Powerlifting India

KERALA STATE WEIGHTLIFTING ASSOCIATION
(Affiliated to Indian Weightlifting Federation, Kerala State Sports Council & Kerala Olympic Association)

Certificate of Merit- 2021-'22

Awarded to: **Arjuna Babu P. P.**

Represented: **Kannur District**

Competed in: **16th Youth (Sub-Junior) Boys & Girls,**
49th Junior Men & 33rd Women

Senior Interclub (Men & Women)

Held at: NEWMAN COLLEGE INDOOR STADIUM, THODUPUZHA

On: 12th, 13th & 14th November 2021
and had won Second place.

Actual Body Weight: **85.200 Kgs** Competed in **87.00 Kgs** Category.

With a performance of Snatch **25.00** Kgs., Clean & Jerk **35.00** Kgs and Total **60.00** Kgs

Registered DATE OF BIRTH with us is: **04-06-2008**

K. SREENATH
President

K.L. JOSEPH
Observer, KSSC

BALAKRISHNAN G.
Hon. Secretary

THIS CERTIFICATE OF MERRIT / DIPLOMA IS VALID AS PER THE DATE OF BIRTH MENTIONED IN THIS CERTIFICATE

ANNUAL SPORTS MEET

