

**Co-operative Arts and Science College, Madayi
Department of Physical Education**

ANNUAL REPORT 2018-19

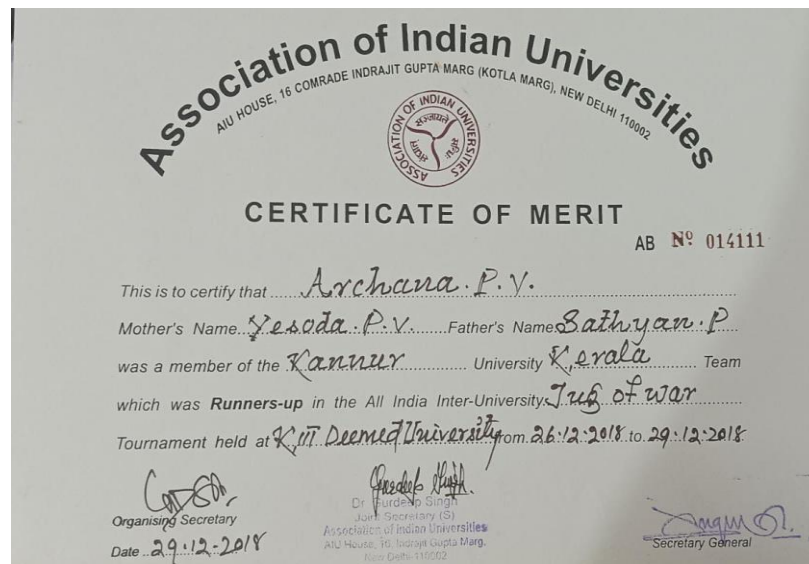
The year 2018-19 was a memorable year which witnessed great performances from the part of the students of our college in various competitions and tournaments. These achievements by our students helped to reach the name of our college in to new heights. The overall summary of the events and activities of this year is elaborated below.

ACHIVEMENTS

ACHIVEMENTS - NATIONAL LEVEL

Archana P V-(III BA Malayalam) Secured Gold Medal in All India Inter University Tug of War Championship held at KIIT Bhubneshwar

Saranya K -(II BA Malayalam) and Renju P A-(I BA Malayalam): P V Fourth in All India Inter University Tug of War Championship at KIIT Bhubneshwar





**PLAYERS REPRESENTED UNIVERSITY IN ALL INDIA AND SOUTH ZONE
INTER UNIVERSITY CHAMPIONSHIPS.**

During the year 2018-19, A total number of 14 students from our college represented the University in various events in the Inter-University Tournaments. The list of the students with respective events are given below.

SL NO	NAME	CLASS	EVENT
1.	ARCHANA P V	III BA MALAYALAM	TUG OF WAR
2.	RENJU P A	I BA MALAYALAM	TUG OF WAR
3.	SARANYA K	II BA MALAYALAM	TUG OF WAR
4.	ADARSH K	III BBA	KHO-KHO
5.	SOURAV V V	II BCOM	KHO-KHO
6.	ABIRAJ N	II BSC	KHO-KHO
7.	AKSHAY K V	I BA MALAYALAM	KHO-KHO
8.	REMYA V P	I BSC MATHEMAICS	KHO-KHO
9.	ABHIRAMI M	II BBA	KHO-KHO
10.	ASWATHI C	I BBA	KHO-KHO
11.	JISHNA K R	III BA HISTORY	KHO-KHO
12.	ARCHANA P V	II BCOM	CHESS
13.	USAMATH M P	III BBA	WEIGHT LIFTING
14.	AJIL A	III BCOM	WEIGHT LIFTING
15.	JISHNU P V	III BBA	WEIGHT LIFTING



ACHIVEMENTS - STATE LEVEL

12 Kho-Kho players and 3 Weight Lifters of our college participated in the State Championship.

ACHIVEMENTS – UNIVERSITY LEVEL

TEAM ACHIVEMENTS- UNIVERSITY LEVEL

SL NO	EVENT	POSITION
1	Athletics Women	Third
2	Kho-Kho (Men)	Second
3	Kho-Kho (Women)	Third
4	Tug of War (Women)	Third
5	Weight Lifting (Men)	Second



University Inter -collegiate Kho -Kho Men Runner up and Women Third



University Inter -collegiate Weight lifting Men Runner up



University Inter -collegiate Athletics Women Third



University Inter -collegiate Tug of War Women Third

INDIVIDUAL ACHIEVEMENTS -University level

- | | |
|---------------------------|--|
| 1. Ajil A | : Gold in Weight Lifting |
| 2. Jishnu P V | : Gold in Weight Lifting |
| 3. Usamath M.P | : Silver in Weight Lifting |
| 4. Muhammed Minaz | : Silver in Weight Lifting |
| 5. Hisham Moideen | : Silver in Wrestling |
| 6. Muhamed Siraj K | : Silver in Swimming |
| 7. Dilna Babu | : Silver in 100 Mtr Hurdles, Silver in 400 Mtr Hurdles and Bronze in 4x100 mtr Relay, Silver in Weight Lifting, Bronze in Power Lifting |

- 8. Renju P A : silver in discuss throw, bronze in weight Lifting and Power Lifting
- 9. Reshmi : Bronze in 4x 100 mtr relay
- 10. Joshna E V : Bronze in 200 mtr, Bronze in 4x 100 mtr relay, in in weight Lifting and in PowerLifting
- 11. Arsha Balan : Bronze in 4x 100 mtr relay



ACHIEVEMENTS IN DISTRICT CHAMPIONSHIPS

SL.NO	EVENT	POSITION
1	Kho-Kho(Men)	Second Place
2	Kho-Kho(women)	First Place.
3	Athletics (Men& Women)	5 gold and 4 Silver medal

PARTICIPATION IN TOURNAMENTS

During the year 2018-19, the college participated in various Inter-Collegiate and District level Competitions. The events in which the college team has participated is given below.

PARTICIPATION - Inter Collegiate Championships

SL NO	EVENT
1	Chess (Men and Women)
2	Football (Men)
3	Kho-Kho (Men& Women)
4	Cricket (Men)
5	Athletics (Men& Women)
6	Weight Lifting (Men and Women)
8	Badminton(Men)
9	Swimming (Men)
10	Power Lifting (Men and Women)
11	Wrestling (Men)
12	Best Physique (Men)
13	Tug of War (Women)
14	Boxing (Men)



College Football Team

PARTICIPATION -DISTRICT CHAMPIONSHIP

SL.NO	EVENT
1	Kho-Kho(Men and Women)
2	Athletics (Men&Women)
3	Tug of War (Men and Women)

COACHING CAMPS ORGANIZED

1. Coaching Camp-College Level

In order to effectively prepare the students for various Inter-collegiate competitions, the Dept. of Physical Education organized various coaching camps all throughout the year. The events for which the coaching camps were held are tabularized below.

SL NO	EVENT	No of Days
1.	Chess (Men and Women)	14
2.	Football (Men)	21
3.	Kho-Kho (Men& Women)	45
4.	Cricket (Men)	7
5.	Athletics (Men& Women)	40
6.	Weight Lifting (Men and Women)	30
7.	Badminton(Men)	12
8.	Swimming (Men)	10
9.	Power Lifting (Men and Women)	25
10.	Tug of War (Women)	45

INTER -DEPARTMENTAL TOURNAMENTS ORGANISED

Inter Departmental Tug of War Championship

NAME OF THE PROGRAMME/ EVENT	Inter Departmental Tug of War Championship
DATE	17 October 2018
DESCRIPTION OF THE PROGRAMME	Department of Physical Education organized a 7- A Side Inter- Departmental Tug of War championship on 17 October 2018. Men and Women teams from 6 departments were participated in the championship. Dr N Padmanabhan, Principal of the college inaugurated the Tournament. Sri Johny M V, HOD, Dept of History distributed the prizes to the winners.
ORGANIZER	Dept. of physical education
NUMBR OF PARTICIPANTS	108
POSITION SECURED	Result- Men 1. Commerce 11. Management Studies 111. History Result -Women 1. Malayalam 11. Management Studies 111. Commerce

NAME OF THE PROGRAMME/ EVENT	Inter Departmental Chess Championship
DATE	25-26 October 2018
DESCRIPTION OF THE PROGRAMME	Department of Physical Education organized Inter-departmental Chess championship on 25 th and 26 th October 2018. Boys and Girls teams from 6 departments were participated in the championship. Dr N Padmanabhan, Principal of the college distributed the prizes to the winners.
ORGANIZER	Dept. of physical education
NUMBR OF PARTICIPANTS	48
POSITION SECURED	<ol style="list-style-type: none"> 1. Archana PV- II Bcom 2. Anusree V- II English 3. Devika P-III Mathematics
	<ol style="list-style-type: none"> 1. Sachin EN – III Mathematics 2. Asif Rahiman- II Bcom 3. Gokul KV- III Malayalam



Inter Departmental Chess Championship



Inter Departmental Cricket Men Championship

NAME OF THE PROGRAMME/ EVENT	Inter Departmental Cricket Men Championship
DATE	05 December 2018
DESCRIPTION OF THE PROGRAMME	Department of Physical Education organized Inter-departmental Cricket championship on 5 th December 2018. Boys teams from 6 departments were participated in the championship. Dr N Padmanabhan, Principal of the college inaugurated the Tournament. Sri R Rajasree, HOD Dpt of Commerce distributed the prizes to the winners.
ORGANIZER	Dept. of physical education
NUMBR OF PARTICIPANTS	76
POSITION SECURED	Result 1.Mathematics 11. History 111.Malayalam



CO-OPERATIVE ARTS AND SCIENCE COLLEGE,
MADAYI

CRICKET TOURNAMENT

(Men)



5 December 2018

Department of Physical Education & College
Union 2018-19

Inter Departmental Football Men Championship

NAME OF THE PROGRAMME/ EVENT	Inter Departmental Football Men Championship
DATE	6-7 February 2019
DESCRIPTION OF THE PROGRAMME	Department of Physical Education organized 5's Inter- departmental Football championship from 6 th to 7 th February 2019. Boys teams from 6 departments were participated in the championship. Sri Praveen Mathew, HOD of Physical Education distributed the prizes to the winners.
ORGANIZER	Dept. of physical education
NUMBR OF PARTICIPANTS	108
POSITION SECURED	Result 1.History 11.BCom 111. Malayalam



Co-operative Arts And Science College
Madayi

Football

(Men)

6 & 7 Feb 2019

Department of Physical Education &
College Union 2018-19



Annual Athletic Meet 2018-2029

NAME OF THE PROGRAMME/ EVENT	Annual Athletic Meet 2018-2029
DATE	13 February 2019
DESCRIPTION OF THE PROGRAMME	Department of Physical Education organized Annual Athletic Meet 13 February 2019. Students from 6 departments were participated in the Athletic Meet. Dr. N Padmanabhan, Principal of the college inaugurated the Tournament. Smt. E S Latha, HOD, Department of English distributed the prizes to the winners.
ORGANIZER	Dept. of physical education
NUMBR OF PARTICIPANTS	181
POSITION SECURED	Result (overall Championship) 1.BCom 11. BBA 111. History

